

# Download Introduction To Art Therapy Sources Resources

Art therapy for children can provide kids with an easier way to express themselves since children are more naturally artistic and creative. A young child is likely to be more comfortable initially expressing him/herself with some crayons and markers, for example, than he/she is going to be at expressing emotions and feelings through words. Higher Education Products & Services. We're constantly creating and innovating more effective and affordable ways to learn. Explore our products and services, and discover how you can make learning possible for all students. Creating a Safe Therapy Space. A Safe Emotional Space. One of the most important aspects of helping a child who has low or no vision feel safe in the art therapy studio is the establishment of a positive therapeutic alliance that will create and support a safe emotional space for that child. Mandala art as therapy & healing has been used for ages by a wide variety of cultures. Learn the concept of the healing powers of mandala art work.