

Download Overcome Neck And Back Pain

Neck strain, or whiplash, occurs when sudden force stretches and tears the muscles and tendons in your neck. Learn more from WebMD about symptoms and treatment of the condition. At Dynamic Physical Therapy in Northern Michigan, we specialize in back and neck pain — specifically lower back pain & upper back pain and neck pain as a result of injuries. Go to the Back & Neck Care Center of North County in Florissant, MO, for chiropractic services to alleviate pain from an automobile accident, sports injury, chronic neck and back pain, or sciatic pain. Neck Pain: Facts & Fiction (Frequently Asked Questions About Neck Pain) By Dean Moyer Author of Rebuild Your Neck. Understanding neck pain and the associated symptoms of upper back, arm and shoulder pain is the first step towards overcoming the problem.